

The Excelerator Coaching™ One-Day Program

The Excelerator Coaching™ One-Day Program introduces the Coach Approach to leaders, managers and professionals. It is a highly interactive and experiential coaching workshop. The workshop provides 8 hours of CCEU credits through the International Coach Federation.

Participants are introduced to the four principles of the Excelerator Coaching™ Model – Engage, Enlighten, Empower, Excel. They experience coaching firsthand by being coached and coaching others using the highly effective Great Question!™ Action Learning Game. This workshop provides participants the opportunity to address issues they face in the work place.

- ENGAGE
- ENLIGHTEN
- EMPOWER
- EXCEL

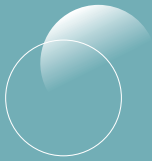
Your Facilitator:
Siobhan Murphy, Master Certified Coach

Siobhan has trained coaches around the world and at the University level. She's passionate about coaching leaders to create magic in the workplace by unleashing the potential of their people.

Date: Thursday, March 22, 2012
Time: 9:30 a.m. - 5:30 p.m.
Where: Nassau County Location
Long Island, NY
Investment: Early Bird Registration \$265 per person by 2/15/12
\$295 per person after 2/16/12
Registration is required
Register: <http://thequestconnection.com/coachingoneday>
Questions: 631.277.8880
info@thequestconnection.com



ENGAGE



Focuses on creating an environment of safety and confidentiality for meaningful conversations.

ENLIGHTEN



Focuses on identifying root causes and underlying issues rather than symptoms in order to target specific action.

EMPOWER



Focuses on generating self-awareness of internal and external barriers which typically interfere with effective planning and implementation of change.

EXCEL



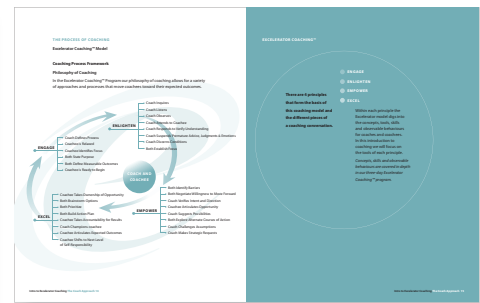
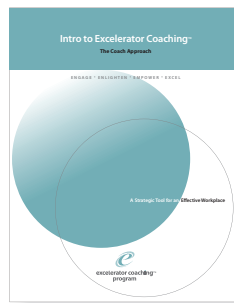
Focuses on commitment to action, with realistic timeframes.

PROGRAM PHILOSOPHY

The Excelerator Coaching™ program is a highly interactive program. Learners get enough theory to understand the basic effects of coaching on the mind and how that helps people being coached make sustainable changes.

The Excelerator Coaching™ model consists of 4 modules, each of which encompasses a coaching principle and accompanying concepts, tools, skills, and behaviours.

Each brief introduction to the tools for the Excelerator coaching principles includes immediate opportunity to practice using living case studies, working with class mates. Learners will coach and be coached thereby experiencing the process from both sides. This double edged experience is critical to establishing the validity, and understanding the power, of effective coaching.



Workbook



Great Question!™ Game Set



excelerator coaching™
program